



## **Greene County School System Trend Report CSH Overview Summary**

The following information is a summary of CSH activities and accomplishments since the formation of CSH in the Greene County School System.

### **CSH Infrastructure Established**

An infrastructure for CSH has been developed for the Greene County School System that includes:

- School Health Advisory Committee
- Staff Coordinating Council for School Health
- Sixteen Healthy School Teams
- School Health Policies strengthened or approved (safety, health education, physical education, nutrition, health services, mental health, family and community)
- Total amount of grant funding and in-kind services/materials secured by CSH to expand school health capacity for our LEA totals \$283,279.00.

Community partnerships have been formed to address school health issues. Current partners include:

- Tusculum College
- ETSU
- Walters State
- Laughlin Hospital
- Takoma Hospital
- Takoma Rehab
- Americhoice/UHC
- John Deere
- Chrysalis Weight Management and Spa
- Fit Club of Greeneville
- APS

### **Parent and Student Involvement Developed**

Parents are involved in numerous CSH activities. These activities include healthy school teams, walking trails-fundraising and labor, playground equipment- fundraising and labor, school health screenings, food drives, Komen Breast Cancer events and educational presentations, parent nights/fun nights cooking classes, cleanup for tornado victims, blood drives, First Priority Clubs, Wonderful Wednesday Club, Signature Project). Currently, 974 parents are collaborating with CSH.

Students have been engaged in CSH activities such as healthy school teams, Komen Grant project at each high school ,Race for The Cure ,recycling programs, booster club activities, First priority Club , Wonderful Wed club, Dare, Operation Christmas Child- First Priority Club of Students, Storm Dance initiated by students for money to go to the victims of the tornadoes, other fundraisers for storm victims, offered healthy snacks and gifts for the Boys and Girls Club, Food Drives. Morning Exercise leadership, Tennessee Tomorrow and service learning Red Ribbon Week, elementary schools breast cancer awareness projects, Eating Disorder Coalition YES teams, Wellness Walks, Jump Rope 4 Heart TENNCARE health. Approximately 3069 students are partnering with CSH to address school health issues.

### **School Health Interventions**

Since CSH has been active in the Greene County School System, the following health interventions have taken place:

School Health Screenings and Referrals to Health Care providers results are as follows: two thousand two hundred sixty nine students were screened this year. BMI referrals totaled 1028 and BP referrals totaled 75;

4574 students have been seen by a school nurse and 4307 returned to class;

BMI data has been collected that shows the severity of the childhood obesity epidemic in our LEA. This year's preliminary BMI data compared to BMI data evaluated by ETSU from two years ago (indicating same group of students tested) shows a 2% improvement;

Many items have been purchased with CSH funds to enhance school health efforts. Examples of items purchased include: curriculum for physical education and health education, Fitness Gram/Activity Gram, physical education equipment, physical education staff development, professional development for nurses, cafeteria staff, physical education teachers and counselors, and playground equipment;

Professional development has been provided to school health staff and we have used funds to send staff to a nutrition services conference, nursing conferences, counselor conferences, Healthy Minds Strong Bodies conference, TAPHERD, SDAAPHERD, Share The Wealth, SPARK Institutes, TNSHC and the SAVE Act Conference;

School faculty and staff have received support for their own well-being through insurance partnerships for health screenings, local hospital partnerships for health screenings, discounts to fitness clubs or weight management programs and the addition of a fitness room at one school.

Specific interventions have been made in the following areas to address childhood obesity and behavioral health issues:

- Health Education Interventions – Michigan Model for health materials purchased and taught through counseling and physical education;

- Physical Education/Physical Activity Interventions – Compliance with the 90 minute PA law and Gotrybe participation;
- Nutrition Interventions – Go slow Whoa with ETSU dieticians help and nutrition classes through agricultural extension services;
- Mental Health/Behavioral Health Interventions – MOUs with local providing agencies and an updated list of services available in the area.

Additional highlights include cooking classes started for parents.

In such a short time, CSH in the Greene County School System has made significant contributions to the well-being of our students and staff which in turn has addressed numerous non-academic barriers to student academic achievement.

For more information concerning Coordinated School Health (CSH), please contact the Coordinator.

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